# **Patient Information Leaflet**

# Rosudiex 20 (Rosuvastatin 20mg) Tablets - Your Guide to Cholesterol Management

# What is Rosudiex 20 Tab. (Rosuvastatin 20mg)?

Rosuvastatin 10mg is a medication belonging to the statin class, used to lower cholesterol levels in the blood. It works by inhibiting the enzyme responsible for cholesterol production in the liver.

#### How to Take Rosudiex 20 Tab.

- Take Rosudiex 20 Tab. exactly as prescribed by your healthcare provider.
- Typically, it is taken orally, once a day, with or without food.
- Swallow the tablet whole with a glass of water.

#### Benefits of Rosudiex 20 Tab.

• Effectively lowers LDL cholesterol (bad cholesterol) and total cholesterol levels.

• May reduce the risk of cardiovascular events in individuals with high cholesterol or other risk factors.

# **Possible Side Effects**

Common side effects may include headache, muscle pain, abdominal pain, and nausea. Notify your doctor if you experience any severe or persistent side effects.

#### **Precautions and Warnings**

• Inform your healthcare provider about all medications, including over-the-counter drugs and supplements.

• Discuss any existing medical conditions, especially liver disease or a history of muscular disorders.

• Rosudiex 20 Tab. (Rosuvastatin 20mg) is generally not recommended during pregnancy or breastfeeding.

#### **Important Safety Information**

• Regular monitoring of liver function and cholesterol levels is typically advised.

• Lifestyle changes, including a heart-healthy diet and regular exercise, may enhance the effectiveness of Rosuvastatin 20mg.

# **Emergency Contact Information**

In case of an emergency or severe reaction, seek immediate medical attention. Share details about the medications you are taking with healthcare professionals.

# Follow-up with Your Healthcare Provider

Regular check-ups are important to monitor your cholesterol levels and assess the effectiveness of Rosudiex 20 Tab. Attend all scheduled appointments.

## Storage

Store Rosudiex 20 Tablets at room temperature, away from moisture and heat.

## Keep it out of reach of children.

#### **Contact Information**

This leaflet provides a brief summary of important information about Rosudiex 20 Tab. (Rosuvastatin 20mg) only.

For further information or questions, contact your healthcare provider or you can reach us at wecare@mexperthealth.in