# **Patient Information Leaflet**

# Glipdiex 50/500 Tab. (Vildagliptin 50mg + Metformin 500mg Combination) Tablets - Your Guide to Managing Type 2 Diabetes

# What are Vildagliptin + Metformin?

Vildagliptin + Metformin are a combination medication used in the management of type 2 diabetes. It combines two different classes of antidiabetic drugs: Vildagliptin, a dipeptidyl peptidase-4 (DPP-4) inhibitor, and metformin, a biguanide.

# How to Take Glipdiex 50/500 Tab.

- Take as prescribed by your healthcare provider.
- Usually taken orally, with or without food.
- Swallow the tablet whole with a glass of water.

# Benefits of Glipdiex 50/500 Tab.

• Vildagliptin enhances incretin levels, promoting insulin release and reducing glucagon secretion.

- Metformin improves insulin sensitivity and reduces hepatic glucose production.
- The combination helps lower blood glucose levels, especially after meals.

# **Possible Side Effects**

Common side effects may include gastrointestinal symptoms (nausea, diarrhea), upper respiratory tract infections, and headache. Contact your doctor if you experience severe or persistent side effects.

#### **Precautions and Warnings**

• Inform your healthcare provider about all medications, including over-the-counter drugs and supplements.

· Discuss any existing medical conditions, especially kidney problems.

• If you experience signs of hypoglycemia (low blood sugar), consult your healthcare provider for guidance.

#### **Important Safety Information**

- Regular monitoring of blood glucose levels is recommended.
- Continue the medication as directed unless otherwise advised by your healthcare provider.

# **Emergency Contact Information**

In case of severe side effects or emergencies, seek immediate medical attention. Provide healthcare professionals with details about the medications you are taking.

# Follow-up with Your Healthcare Provider

Regular check-ups are important for monitoring your diabetes management. Attend all scheduled appointments and screenings.

# Storage

Store Glipdiex 50/500 Tab. at room temperature, away from moisture and heat.

# Keep it out of reach of children.

# **Contact Information**

This leaflet provides a brief summary of important information about Glipdiex 50/500 Tab. (Vildagliptin 50mg + Metformin 500mg) only.

For further information or questions, contact your healthcare provider or you can reach us at wecare@mexperthealth.in